

# OFFICE POLICIES AND PROCEDURES ACKNOWLEDGEMENT FORM

## **Staff Therapists:**

David Zachau, MA, LPCC-S Mary Migra, LISW-S, LICDC-S Pamela Eltrich MA, LISW-S Suzann Dayka, MA, LSW Megan Mericle, PSY.D Dennis Noll, LICDC-CS Sarah Papesh, MA, LPCC-S, CTP Sara Faehnle, MA, LPCC Deborah Ross, LSW, LCDC III Audra Popik, LPC, LICDC, LSW Mehgan Miller, M. Ed., LPCC Brendon McLellan, CDCA Abigail Arroyo, M.Ed., LPCC Rachael Baker, MA, LISW-S Lisa Priel, MA, LISW Jeffrey Jones, DNP, RN, PMHCNS-BC, CST Heather Barlow, CDCA

responsibilities, and all documents required by HIPAA.

In compliance with the Ohio State Board of Psychology, we are required to inform you that the following therapists are under psychological work supervision with the following supervisor:

Heather Sherrill	Diana Santantonio, Ed.S.
In compliance with the Ohio State Board of CSWMFT, we are required to inform you that the following therapists are under the supervision with the following supervisor for the engagement in the diagnosis and treatment of mental and emotional disorders:	
James Ventura, LPC	Sarah Papesh, LPCC-S, CTP
Chelsea Kelligher, LPC	Sarah Papesh, LPCC-S, CTP
Jacquelyn Vanscoder, LICDC, LSW	Rachael Baker, LISW-S
Natalie Schafer, LSW	Rachael Baker, LISW-S
By my signature below, I hereby con	sent to outpatient mental health treatment at

Received and Read: Date:

Psych and Psych Services. I also agree to abide by the Office Policies and Procedures document provided to me. I have also received a statement of my rights and



# (Signature)

If you have any questions about therapy or our Office Policies and Procedures, please feel free to ask.



Diana Santantonio, Ed. S. Associates, LLC

**CONFIDENTIALITY**: Please also refer to our HIPAA Notice of Privacy Practices for details on Confidentiality. This is readily available in our waiting room, by request, and a summary version is supplied to you at your first session. Ohio law requires that issues discussed during the course of therapy with a psychologist or counselor be confidential, meaning that information you reveal will not be discussed with others without your knowledge and consent. Your records will not be sent or shown to others (except for your insurance company) without a signed release from you.

However, you need to be aware of relatively unusual circumstances where there are exceptions to confidentiality. If you have been referred to this agency by the Court (Court Ordered), you can assume that the Court wishes to receive some type of report or evaluation. You should discuss with us exactly what information may be included in a report to the Court before you disclose any confidential material. In such instances, you have the right to tell us only what you want us to know.

If you are involved in litigation of any kind and inform the Court of the services that you received from us (making your mental health an issue before the Court), you may be waiving your right to keep your records confidential. You may wish to consult your attorney regarding such matters before you disclose that you have received treatment.

If we know, or strongly suspect that you are abusing or neglecting any child, elderly person, or mentally retarded person we are obligated by law to report this to the appropriate state agency. Also, if you tell us about a child whom you suspect is being abused or neglected we may be obligated to report the situation. The law is designed to protect children and other vulnerable persons from harm and the obligations to report suspected abuse or neglect are clear in this regard. We may also be obligated to report information shared that involves current use of child pornography. Child pornography includes sexual images of minors under the age of 18.

Also, the Ohio Revised Code (§2305.51) states mental health professionals have a duty to warn third parties if the mental health professional has knowledge of an explicit and real threat by their client of imminent and serious physical harm to clearly identifiable third party potential victims. To remain in compliance with this law the mental health professional may choose to notify an appropriate law enforcement agency and, if feasible, each potential victim.

Increasingly, we are finding that some insurance companies seek to justify treatment and require information from the therapist before they will pay for treatment. In such cases, your therapist will release the minimum amount of information in order to satisfy the insurance company under the terms of the Health Insurance Portability and Accountability Act (HIPAA) of 1996. Please refer to our Notice of Privacy Standards for details.

As part of obtaining health insurance benefits for your treatment at this office, your clinical records may have to be sent to a managed care company or other third-party payers. We will only release the information required by HIPAA as explained in our Notice of Privacy Practices document. These records may be sent by mail, or they may



sometimes be sent by facsimile. In this case, we will make every effort to ensure that the information remains confidential but we cannot be held responsible for errors.

**ELECTRONIC COMMUNICATION:** There may be occasion when the client or the therapist wishes to communicate through email or by text. The client may also elect to obtain appointment reminders via text messages. Psych and Psych Services does not allow therapists to communicate with clients through social media sites (e.g. Facebook, Twitter). Communication through electronic formats is <u>not</u> secure. Therapists know to not engage in conversation about your clinical case via electronic communication. It is strongly advised that clients limit electronic communication to topics such as re-scheduling, asking for directions, or other non-clinical subjects.

**FEES:** Fees are based on the amount of time involved. All sessions are 45-50 minutes in length. Our fee for initial assessment is \$250.00, and then varies from \$150.00 to \$180.00 for each additional session. This includes individual, marital, or family therapy; administering, scoring, analyzing, and reporting diagnostic tests, court testimony time\*, consultations, travel time for "out of office services," emergency telephone calls lasting more than 15 minutes, and reviewing formal reports or records. You will be billed for all time spent with you or on your behalf. There is a \$60.00 fee for all missed sessions without 24 hour cancellation.

\*Court-related custody evaluation services are billed at the rate of \$120.00 per hour for all services. Most often insurance will not reimburse for these services. It is the client's responsibility to investigate their insurance reimbursing for a court-ordered assessment. Do not assume insurance will reimburse for court ordered services!

**RECORD REVIEW:** You have the right to review and copy your clinical record. Record review may take place with a therapist going over the record with you. If you are requesting a copy of your record, we will require a signed release of information form and up to 30 days to locate and produce a copy of the record for you.

<u>CANCELLATIONS AND MISSED APPOINTMENTS:</u> If you find it necessary to cancel a scheduled appointment, a 24-hour notice in advance is required to avoid charges. A \$60.00 charge will apply if insufficient notice is given of cancellation. We have an after-hours answering service for your convenience if needed. This charge cannot be submitted to your insurance company for payment.

<u>CASE CLOSING POLICY:</u> It is typical that our clients come to the end of counseling in a final session with their therapist. At this final counseling session the client and therapist make a mutual decision to end the counseling. Following this termination session the clinical case is considered to be closed. In the event a client completely stops attending counseling sessions for a period of six months, without discussing ending counseling with the therapist, the clinical case will be considered as closed by default. A client can always return to counseling after their case has been closed, but they will need to go through the formal process of having their case reopened, which will include a new intake process.

**PAYMENT FOR PROFESSIONAL SERVICES RENDERED:** Payment at each visit is required. If you are expecting insurance to cover some of the fee, we ask that you pay your deductible and/ or co-payment at each visit. You will receive a billing statement from our office monthly, regardless of whether or not you have insurance coverage. Payment in full, of your portion of the bill, is expected within 15 days after receipt of a statement. Any questions about your account should be directed to our Elyria office. Delinquent accounts may be turned over to our collection agency.

**INSURANCE:** If you have health insurance, part of your therapy expenses may be covered. If you plan to use your health insurance coverage for reimbursement of our services, please be sure that we have the proper information. We will complete the doctor's statement section and submit the claim for you. It is important that you understand it is your responsibility to pay us. Disputes with your insurance company are between you and them.

**OVERDUE ACCOUNTS:** If more than 90 days lapse without payment, unless arrangements have been made, we reserve the right to turn the account over for collection to our attorney.

**ETHICS AND PROFESSIONAL STANDARDS:** As therapists, we agree to abide by and uphold the most responsible ethical and professional standards possible. We accept responsibility for the consequences of our acts and make every effort to protect the welfare of those who seek our services and to ensure that our services are used appropriately.

If you are ever unhappy with our services here, it is especially important that you try your best to communicate with us the sources of your dissatisfaction. Some clients do this in writing if they feel unable to do so verbally. If we should not reach an agreeable solution and you need help finding additional or alternate assistance, we will do our best to help you locate a more suitable referral of therapy resource. Since therapists generally agree that it is not in the patient's best interest to be receiving similar services from another professional, should you wish to contract with another psychologist, psychiatrist, or counselor for services, it is important that you indicate your desire to make a change and your basic reasons for doing so. If you speak to the owner and supervising psychologist of Psych & Psych Services, Diana Santantonio, she will be glad to hear the complaint and will do everything to resolve it. There is also a **Complaint Form** you can request and fill out to report a problem. We take complaints very seriously and will respond immediately to all formal complaints.

**Sexual harassment** of any kind will not be tolerated against clients or staff at this office. Should you ever experience any form of sexual harassment please contact the office HIPAA Privacy Officer, Mr. David Zachau, immediately.

**PSYCHOLOGICAL SUPERVISION:** All unlicensed therapists, and some licensed therapists, in this office are directly supervised as required by Ohio law. All psychological counseling and/or testing requiring the supervision of a psychologist is performed under the supervision of **Diana Santantonio**. If you see this name on your insurance claims or payment records, it is because of the supervision rules of your insurance company. Your therapist may discuss your case with their supervisor at a

clinical staffing to assure the highest quality of care. Should you ever have any concerns or questions regarding your treatment at our practice, do not hesitate to ask your therapist.

**QUESTIONS:** If, during the course of your therapy, you have any questions about the nature of your therapy (i.e., goals, procedures, etc.) or about fees, please ask. This issue is even more important on matters which you fear might be embarrassing to either yourself or us—you are encouraged to go ahead and bring such matters up for consideration since dealing with such matters is often an important part of your treatment.

**MEDICATION MANAGEMENT:** Jeffrey Jones, DNP, RN, PMHCNS-BC, CST, is a qualified Adult Psychiatric-Mental Health Clinical Nurse Specialist who is credentialed in the State of Ohio to prescribe and manage the treatment of mental and emotional disorders with the use of psychotropic medications.

**PSYCHIATRIC COVERAGE:** If you need a referral to a psychiatrist for medication or hospitalization, we can refer you to a number of different psychiatrists in the area, or if you already have a psychiatrist, we will be glad to work with whomever you need to be seen by. If you prefer to work with your family physician, we will also be willing to consult with him or her.

**24-HOUR EMERGENCY SERVICE:** In the event of a crisis or emergency, you may call the office at (440) 323-5121. We have a 24-hour answering service if no one is in the office when you call. The answering service has been instructed to call the therapist at home in case of emergencies. Please inform the answering service your call is an emergency and they will get back to you as soon as they call the therapist.

If the crisis is extreme in nature or life threatening, call your local police department or proceed to the closest urgent care center or hospital. For your reference, here are some emergency numbers:

**©**Sheriff: Lorain: 440-244-0373, Elyria: 440-323-1212

**©**Elyria Police: 440-323-3302 or 911

**©**North Ridgeville, Lorain, Amherst, Vermilion Police: 911 **©**Lorain Community Hospital Ambulance: 440-282-3700

**©**Life Care Ambulance Service: 440-244-6467 **©**Nord Center Crisis Line: 1-800-888-6161

Telephone counseling during off hours that are <u>NOT</u> of an emergency nature (i.e., non-harmful situations, or non-crisis situations that could wait until the next working day) is discouraged. However, should you feel a crisis or dangerous situation is probable, feel free to call without hesitation. If your therapist cannot be reached, the answering service has been instructed to have you call the Nord Center Emergency Crisis Stabilization Line for immediate attention.

### Clients' Rights and Responsibilities Statement

#### THE RIGHT...

- To confidentiality of information.
- To be treated with consideration and respect for personal dignity, autonomy, and privacy.
- To reasonable protection and freedom from physical, sexual or emotional abuse, financial or other exploitation, retaliation, neglect, and humiliation or other inhumane treatment.
- To receive service in a humane setting which is the least restrictive feasible as defined in the treatment plan.
- To participate in any appropriate and available agency service that is consistent with an individual service plan (ISP), regardless of refusal of one or more services, treatments, therapies, or regardless of relapse from earlier treatment in that or another service, unless there is a valid and specific necessity which precludes services and/or requires the client's participation in other services. This necessity shall be explained to the client and written in the client's current service plan.
- To give informed consent to or to refusal of any service, treatment or therapy upon full explanation of the expected consequences of such consent or refusal, including medication absent an emergency. A parent or legal guardian may consent to refuse any service, treatment, or therapy on behalf of a minor.
- To have access to information in sufficient time so that the person served can make an informed decision about his or her treatment.
- To informed consent or refusal or expression of choice regarding service delivery, release of information, concurrent services, composition of the service delivery team, and involvement in research projects, if applicable.
- To participate in the development, review, and revision of one's own individualized treatment plan and receive a copy of it.
- To a current, written, individualized service plan that addresses one's own mental health, physical health, social and economic needs, and that specifies the provision of appropriate and adequate services, as available, either directly or by referral
- To freedom from unnecessary or excessive medication.
- To freedom from unnecessary restraint or seclusion unless there is immediate risk of physical harm to self or others.
- To be informed and to refuse any unusual or hazardous treatment procedures.
- To be advised of and refuse observation by others and by techniques such as
  one-way mirrors, tape recorders, video recorders, television, movies,
  photographs, or other audio and visual technology. This right does not prohibit
  Psych and Psych from using closed-circuit monitoring to observe common areas,
  which does not include bathrooms.
- To confidentiality of communications and/or all personally identifying information within the limitations and requirements for disclosure of various funding and/or certifying sources, state or federal statutes, unless release of information is specifically authorized by the client, parent or legal guardian of the person or an adult client in accordance with 42 CFR Part 2, HIPAA, and all other local, state, or federal statutes.
- To have access to one's own client record, unless access to certain information is specifically restricted for that individual client for clear treatment reasons in the client's treatment plan. "Clear treatment reasons" shall be understood to mean only severe emotional damage to the client such that dangerous or self-injurious behavior is an imminent risk. If access is restricted, the treatment plan shall include the reason for the restriction, a goal to remove the restriction, and the treatment being offered to remove the restriction.
- To be informed a reasonable amount of time in advance of the reason for discontinuing or terminating participation in a service, and to be provided a referral, unless the service is unavailable or not necessary, and to be involved in planning for the consequences of that event.
- To receive an explanation of the reasons for denial of service.

#### THE RIGHT (CONTINUED) . . .

- To not be discriminated against in the provision of service based on religion, race, ethnicity, color, creed, gender, sexual orientation, national origin, age, lifestyle, physical, or mental handicap, developmental disability, genetic information, human immunodeficiency virus status, or in any manner prohibited by local, state, or federal laws.
- To know the cost of services.
- To be verbally informed of all rights, and to receive a written copy upon request.
- To exercise one's own rights without reprisal in any form including continued uncompromised access to service except that no right extends so far as to supersede health and safety considerations.
- To file a grievance.
- To have oral and written instructions concerning the procedure for filing a grievance, and to assistance in filing a grievance if requested.
- To be informed of one's own condition, of proposed or current services, treatment or therapies, and of the alternatives.
- To consult with independent treatment specialists or legal counsel, at one's own expense.
- To have access or referral to legal entities appropriate for representation.
- To have access to self-help support services and advocacy support services.
- To adherence to research guidelines and ethics when persons served are involved, if applicable.
- To investigation and resolution of alleged infringement of rights.
- To know how Psych and Psych complies with HIPAA and 42 CFR Part 2 regulations.
- To all other legal rights.

#### THE RESPONSIBILITY TO . . .

- Provide complete and honest information about health care status and other information they need to deliver the best possible care.
- Let the provider know when the treatment plan is no longer working.
- Follow the treatment plan you have helped create with the therapist or treatment team.
- Complete treatment assignments that you and your therapist agree will aid your progress.
- The care is to be agreed upon by the client and provider.
- Follow the medication plan and tell their provider about medication changes, including medications given to them by other prescribers.
- Treat those giving them care with dignity and respect.
- Ask their providers about their care so they can understand their care and their role in that care.
- Understand how to gain access to care in routine and emergency situations.
- Know your health care benefits or have a family member be aware of those benefits.
- Pay for services rendered in a timely manner.
- Attend appointments unless prevented by an emergency.
- -Follow appointment cancellation procedures required by the agency.
- Share the responsibility with their therapist to limit electronic communication to non-clinical topics.
- Be considerate of the rights of others receiving treatment and agency staff.

